

Gesamt Einzelzeiten 5 km Hauptlauf der

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Platz	PG	PK	Name	Verein	Nation	StartNr	Klasse	GesZeit	Runden
1	1	1	Fitwi Samuel	LG Vulkaneifel	ERI	1	M20	00:14:57	0
			01:24	02:37	02:35	02:40	02:40	02:40	00:17
2	2	2	Müller Marco	LC Euskirchen	DEU	186	M20	00:15:43	0
			01:25	02:44	02:48	02:53	02:52	02:42	00:16
3	3	3	Duppich Yannik	LG Vulkaneifel	GER	6	M20	00:15:47	0
			01:50	02:36	02:44	02:48	02:48	02:39	00:18
4	4	1	Keil-Forneck Andreas	LG Vulkaneifel	GER	142	M30	00:15:55	0
			01:24	02:44	02:49	02:53	02:52	02:49	00:20
5	5	1	Reuter Tom	LG Vulkaneifel	BEL	136	MU20	00:16:03	0
			01:25	02:44	02:52	02:58	02:55	02:48	00:17
6	6	4	Pütz Yannick	LG Rhein-wied	DEU	9	M20	00:16:06	0
			01:23	02:47	02:54	02:56	02:55	02:51	00:17
7	7	2	Siebenborn Martin	PSV Wengerohr	DEU	120	M30	00:16:28	0
			01:29	02:54	02:54	02:57	02:57	02:55	00:18
8	8	5	Holste Lutz	LG Dorsten	DEU	8	M20	00:16:43	0
			01:23	02:46	02:53	03:03	03:06	03:08	00:21
9	9	3	Taplan Janek	LC Bingen	LUX	473	M30	00:17:05	0
			01:34	03:00	03:00	03:02	02:32	03:35	00:20
10	10	4	Ewen Olliver	PST Trier	DEU	144	M30	00:17:10	0
			01:31	02:57	03:03	03:06	03:05	03:02	00:21
11	11	6	wilhelms Andre	PST Trier	DEU	452	M20	00:17:13	0
			01:30	02:58	03:02	03:06	03:07	03:05	00:21
12	12	1	wirtz Abraham	PST Trier	DEU	197	MU18	00:17:18	0
			01:31	02:57	03:03	03:06	03:09	03:06	00:21

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Platz	PG	PK	Name	Verein	Nation	StartNr	Klasse	GesZeit	Runden
13	13	7	Gnoß Marcel	SV 1919 Sonsbeck e.V.	DEU	460	M20	00:17:19	0
			01:34	03:01	03:05	03:07	03:06	03:02	00:19
14	14	8	Koster Andreas	PST Trier	DEU	464	M20	00:17:21	0
			01:31	02:58	03:03	03:05	03:03	03:15	00:23
15	15	9	Althoff Benedikt	TuS Bengel 05	DEU	158	M20	00:17:24	0
			01:29	02:57	03:07	03:10	03:10	03:10	00:19
16	16	10	Schumacher Pascal	SRL Triathlon Koblenz	DEU	170	M20	00:17:25	0
			01:34	03:00	03:01	03:05	03:10	03:11	00:21
17	17	11	Fandel Markus	SV Oberweis	DEU	161	M20	00:17:37	0
			01:34	03:06	03:09	03:09	03:08	03:06	00:20
18	18	1	Kahsay Misghina	TG Konz	ERI	454	M35	00:17:57	0
			01:32	03:00	03:08	03:15	03:20	03:19	00:20
19	19	1	Michaeli Marco	AC Eifel	LUX	466	M40	00:17:58	0
			01:33	03:05	03:13	03:18	03:16	03:10	00:18
20	20	2	Comes Michael	Team Mittelmosel Triathlon	DEU	121	M35	00:18:00	0
			01:36	03:06	03:11	03:16	03:17	03:12	00:19
21	21	2	Bell Lorenz	LG Vulkaneifel	GER	143	MU18	00:18:06	0
			01:33	03:02	03:09	03:17	03:20	03:20	00:21
22	1	1	Schmitz Nora	PST Trier	DEU	5	w20	00:18:06	0
			01:37	03:12	03:11	03:14	03:15	03:12	00:21
23	22	3	Hering Jakob	PST Trier	DEU	465	MU18	00:18:10	0
			01:35	03:09	03:17	03:19	03:18	03:08	00:20
24	2	2	Schlund Charlotte	PST Trier	DEU	3	w20	00:18:26	0

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Platz	PG	PK	Name	Verein	Nation	StartNr	Klasse	GesZeit	Runden
								01:36 03:11 03:14 03:19 03:21 03:19 00:22	
25	23	4	Fuchs Constantin	wittlicher TV	DEU	157	MU18	00:18:40	0
								01:37 03:11 03:13 03:24 03:29 03:21 00:21	
26	24	1	Nolles Alwin	LG Meulenwald Föhren	DEU	195	M50	00:18:46	0
								01:38 03:11 03:19 03:25 03:23 03:23 00:23	
27	3	1	Vernikov Sonja	Alemannia Aachen	DEU	153	WU18	00:18:49	0
								01:36 03:08 03:16 03:30 03:31 03:23 00:20	
28	25	2	winkelmann Tim	Silvesterlauf Trier e. V.	DEU	154	MU20	00:18:59	0
								01:37 03:10 03:14 03:39 03:34 03:19 00:23	
29	26	3	Ercan Abdullah	PST Trier	DEU	196	M35	00:19:02	0
								01:51 03:24 03:25 03:25 03:18 03:15 00:20	
30	4	3	Theisen Anna-Lena	LG Rhein-Wied	DEU	470	W20	00:19:03	0
								01:41 03:20 03:24 03:27 03:27 03:21 00:19	
31	27	2	Caspar Markus	Hunsrück Marathon e.V.	DEU	472	M50	00:19:08	0
								01:45 03:17 03:22 03:28 03:28 03:22 00:22	
32	28	2	Mendiola Badaracco Rodolfo		ESP	189	M40	00:19:08	0
								01:48 03:16 03:18 03:26 03:31 03:25 00:21	
33	29	5	Horn Jonas	Rheinland-Pfalz-Kader Triathlo	GER	182	MU18	00:19:11	0
								01:44 03:20 03:24 03:25 03:26 03:26 00:22	
34	30	3	Westermann Jonas	Silvesterlauf Trier e.V.	DEU	139	MU20	00:19:17	0
								01:35 03:11 03:23 03:34 03:34 03:36 00:19	
35	31	6	Schenke Leon	Rheinland-Pfalz-Kader Triathlo	GER	180	MU18	00:19:18	0
								01:44 03:10 03:19 03:35 03:35 03:30 00:20	

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Platz	PG	PK	Name	Verein	Nation	StartNr	Klasse	GesZeit	Runden
36	32	12	wellems Peter	X-Sport Kastelaun	DEU	467	M20	00:19:20	0
			01:50	03:23	03:25	03:29	03:28	03:20	00:22
37	33	5	Rae Chris		AUS	126	M30	00:19:22	0
			01:37	03:13	03:21	03:33	03:33	03:43	00:18
38	5	4	Dahlem Jana	PST Trier	DEU	198	w20	00:19:22	0
			01:43	03:19	03:22	03:28	03:32	03:31	00:23
39	34	1	Paulus Walter	LT Büdlich-Breit-Naurath	DEU	160	M55	00:19:24	0
			01:43	03:23	03:27	03:31	03:29	03:27	00:20
40	35	6	Laumers Marco	SC Bleialf	DEU	190	M30	00:19:25	0
			01:54	03:24	03:21	03:27	03:28	03:27	00:21
41	36	13	Beraki Tesfit	TG Konz	ERI	457	M20	00:19:27	0
			01:38	03:27	03:27	03:27	03:41	03:25	00:18
42	6	1	Krämer Jana	LG Maifeld-Pellenz	GER	133	WU20	00:19:34	0
			01:50	03:24	03:26	03:30	03:32	03:26	00:22
43	37	3	klaus Peter	LG Meulenwald Föhren	DEU	159	M50	00:19:38	0
			01:48	03:27	03:28	03:29	03:28	03:29	00:25
44	7	1	Schenk Karin	TV Waldstraße Wiesbaden	DEU	469	w40	00:19:38	0
			01:51	03:31	03:30	03:30	03:25	03:25	00:23
45	38	4	Bier Vincent	Silvesterlauf Trier e. V.	DEU	414	MU20	00:19:39	0
			01:45	03:24	03:31	03:30	03:34	03:29	00:22
46	39	5	Johni Vernikov	Alemannia Aachen	DEU	130	MU20	00:19:44	0
			01:40	03:16	03:29	03:35	03:40	03:37	00:23
47	40	14	Gebremeskel Shewit	TG Konz	ERI	455	M20	00:19:44	0
			01:41	03:24	03:29	03:28	03:38	03:37	00:24

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Platz	PG	PK	Name	Verein	Nation	StartNr	Klasse	GesZeit	Runden
48	8	2	Pink Judith	PST Trier	DEU	149	WU20	00:19:49	0
			01:49	03:26	03:32	03:34	03:31	03:32	00:22
49	41	4	Markus SCHMITT	LG HSC GAMLEN-RSC UNTERMOSEL	DEU	193	M35	00:19:50	0
			01:46	03:27	03:31	03:32	03:36	03:32	00:23
50	42	7	Fuchs Maximilian	wittlicher TV	DEU	156	MU18	00:19:50	0
			01:50	03:26	03:26	03:29	03:34	03:42	00:20
51	43	7	Clasen Sebastian	Team Mittelmosel Triathlon / d	DEU	131	M30	00:19:53	0
			01:38	03:18	03:30	03:46	03:44	03:30	00:24
52	44	5	Krämer Dietmar	Lg HSC Gamlen RSC Untermosel	DEU	116	M35	00:20:21	0
			01:51	03:32	03:34	03:37	03:44	03:40	00:19
53	9	5	Zeni Christine	LG Rhein-wied	DEU	471	W20	00:20:59	0
			01:50	03:25	03:40	03:48	03:55	03:53	00:24
54	45	2	Nospes Peter	LG Meulenwald Föhren	DEU	415	M55	00:21:01	0
			01:49	03:45	03:46	03:45	03:46	03:42	00:23
55	46	1	Mangrich Jürgen	LT Schweich	DEU	118	M45	00:21:04	0
			01:54	03:41	03:44	03:45	03:48	03:46	00:22
56	47	4	Podrasa Frank	SV 1919 Sonsbeck e.v.	DEU	380	M50	00:21:08	0
			01:58	03:45	03:46	03:47	03:49	03:37	00:23
								02:54	
57	10	3	Klinkhammer Gina	LG Vulkaneifel	GER	134	WU20	00:21:14	0
			01:52	03:39	03:48	03:54	03:52	03:42	00:24
58	11	1	Martens Vera	TV Waldstraße Wiesbaden	DEU	128	W45	00:21:21	0
			01:54	03:41	03:47	03:50	03:51	03:48	00:26
59	48	6	Schlöß Leon	SV 1919 Sonsbeck e.v.	DEU	375	MU20	00:22:20	0

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Platz	PG	PK	Name	Verein	Nation	StartNr	Klasse	GesZeit	Runden	
			02:02	03:57	04:02	04:01	03:57	03:53	00:25	04:03
60	49	7	Podrasa Luca	SV 1919 Sonsbeck e.V.	DEU	376	MU20	00:22:20	0	
			02:02	03:56	04:02	04:02	03:56	03:53	00:25	
61	12	2	winkels Johanna	SV 1919 Sonsbeck e.V.	DEU	374	WU18	00:23:24	0	
			02:02	03:56	04:16	04:28	04:19	03:57	00:22	
62	50	15	Schatilow Denis	SV 1919 Sonsbeck e.V.	DEU	378	M20	00:23:25	0	
			02:02	03:56	04:16	04:27	04:18	03:59	00:23	
63	51	16	Schäfer Robin	SV 1919 Sonsbeck e.V.	DEU	377	M20	00:23:25	0	
			02:02	03:57	04:15	04:28	04:19	03:58	00:23	